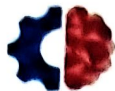




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Report: Session on World AIDS Day: Building Awareness and Compassion

Date: December 4, 2024

Participants: B.Ed. Students

Conducted By: Sneha Anna Manuel, Wellness Counselor and Educator, RCOE

Objective: To raise awareness about HIV/AIDS, including its causes, transmission, prevention, and treatment, while fostering compassion and reducing stigma among future educators.

Key Highlights

1. Understanding HIV/AIDS

- o Discussed the origins of HIV and how it leads to AIDS.
- o Explained transmission methods and clarified misconceptions.

2. Global and Indian Statistics

- o Highlighted the prevalence of HIV/AIDS worldwide and in India.
- o Shared insights into ongoing efforts to end AIDS as a public health threat by 2030.

3. Prevention and Treatment

- o Covered prevention strategies like safe practices and regular testing.
- o Explained the importance of Antiretroviral Therapy (ART) in managing HIV.

4. Role of Educators

- o Encouraged students to promote awareness and understanding in their future classrooms.
- o Emphasized their responsibility in combating myths and creating inclusive spaces.

5. Reducing Stigma

- o Discussed the harmful effects of discrimination and the need for empathy towards individuals living with HIV/AIDS.

Takeaway Message: Educators play a vital role in spreading awareness and building compassionate communities. **"Knowledge and empathy can break barriers and bring change."**

Feedback and Observations:

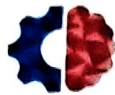
- Participants engaged actively, asking thoughtful questions and sharing insights.
- Many appreciated the emphasis on reducing stigma and found the statistics and prevention strategies particularly enlightening.

Conclusion: The session successfully equipped future educators with knowledge and





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strategies to foster awareness and compassion about HIV/AIDS. By reducing stigma, they can help create informed and empathetic communities.

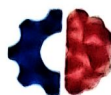


WORLD AIDS DAY





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