Date: 28 /11/23

# Notice

Subject: Gender and Sexuality Education: Understanding Identity, Equality, and Inclusivity

Dear Students,

Greetings!

The Internal Quality Assurance Cell of Rahul College of Education has organized a Value Added Course which has been scheduled on 01/12/23 to 06/12/23. Ms. Sana Shaikh is a Resource Person for the session.

## ATTENDANCE IS MANDATORY FOR ALL THE STUDENTS.

Date: 01/12/23 to 06/12/23

Time: 4:00pm

Venue: Rahul College of Education (Room no. 501)

Your active participation in the session will enable you to complete the course successfully.

Best regards,

Dr. Frances Vaidya

Principal

Rahul College of Education

Note: Please mark your calendars and make sure to attend this important session.

PRINCIPAL
RAHUL COLLEGE OF EDUCATION
Shree L. R. Tiwari Educational Campus
Mira Road (E)



# RAHUL COLLEGE OF EDUCATION

(N.C.T.E. Recg. No. WRC/5-6/89/2006 Dtd. 27/09/2006 CODE NO.APW03437/123403) AFFILIATED TO UNIVERSITY OF MUMBAI AFF/RECOG.1/1249 OF 2007 Dtd. 28 Feb. 2007 | Recognized Under Section 2(f) of the UGC Act 1956 | COLLEGE CODE: 767

Course Title: Gender and Sexuality Education: Understanding Identity, Equality, and Inclusivity

Date: 1st December, 2023

Resource Person: Sana Shaikh

**Course Duration: 30 Hours** 

### **Course Objectives:**

- To develop an understanding of gender and sexuality as critical aspects of identity.
- To examine the social, cultural, and legal constructs of gender and sexuality.
- To raise awareness about gender-based discrimination, stereotypes, and the importance of gender equality.
- To promote inclusive education that respects diverse gender identities and sexual orientations.
- To equip future educators with strategies for creating safe and respectful learning environments for all students.

### **Learning Outcomes:**

By the end of this course, students will:

- 1. Understand key concepts related to gender and sexuality.
- 2. Analyze the impact of gender roles and norms on individuals and society.
- 3. Recognize and challenge gender-based discrimination and stereotypes in educational settings.
- 4. Learn the importance of consent, safety, and respect in discussions on sexuality.
- 5. Design inclusive educational practices that respect gender diversity and sexual orientations.
- 6. Foster a safe and inclusive environment for students from diverse gender and sexual identities.

#### Course Content Breakdown:

Module 1: Understanding Gender and Sexuality (5 hours)

- Definitions: Sex, Gender, Sexuality, Gender Identity, and Sexual Orientation
- Biological, Social, and Cultural Perspectives on Gender and Sexuality
- Gender Fluidity, Gender Expression, and Sexual Diversity

Module 2: Gender Stereotypes and Discrimination (5 hours)

- Social Construction of Gender Roles
- Gender Stereotypes in Media, Education, and Society
- Discrimination Based on Gender and Sexual Orientation (e.g., LGBTQ+ Rights)

- Gender-Based Violence, Harassment, and its Impacts

Module 3: Gender Equality and Human Rights (5 hours)

- Legal Framework for Gender Equality (National and International Laws)
- Role of Education in Promoting Gender Equality
- International Initiatives for Gender Equality (e.g., UN Sustainable Development Goals)
- Addressing Gender Pay Gap and Gender Inequality in Society

Module 4: Inclusive Education for Gender and Sexuality (5 hours)

- Creating Gender-Inclusive Curriculum and Learning Environments
- Strategies for Teaching About Gender and Sexuality in Schools
- Supporting Students with Diverse Gender Identities and Sexual Orientations
- Case Studies: Best Practices in Gender-Inclusive Education

Module 5: Health, Safety, and Well-being (5 hours)

- Understanding Sexual Health and Reproductive Rights
- Promoting Consent, Safety, and Healthy Relationships in Schools
- Mental Health Concerns Related to Gender and Sexuality
- Sexual Harassment Policies and Student Protection

Module 6: Role of Educators in Gender and Sexuality Education (5 hours)

- Addressing Gender and Sexuality in the Classroom: Language and Sensitivity
- Supporting Students Facing Gender and Sexuality Challenges
- Building Partnerships with Parents and the Community for Inclusive Education
- Engaging in Advocacy and Policy Change for Gender and Sexuality Rights

#### **Assessment Methods:**

1. Class Participation (40%):

Active participation in discussions and role-playing exercises related to gender and sexuality education. Students will be assessed on the quality of their engagement and understanding of the concepts.

2. Group Presentation (40%):

Group presentations based on case studies or gender and sexuality issues in education, offering strategies for addressing these challenges.

3. Attendance (20%):

Regular attendance is mandatory as the course involves interactive learning sessions on sensitive topics.

## References:

- 1. UNESCO. (2018). International Technical Guidance on Sexuality Education.
- 2. Sharma, A., & Pathak, S. (2017). \*\*Gender and Education: A Study of Gender Equality in Schools.
- 3. Butler, J. (1990). Gender Trouble: Feminism and the Subversion of Identity.
- 4. Ghosh, S. (2020). LGBTQIA+ and Education in India: Challenges and Prospects.
- 5. Nanda, S. (1999). Neither Man Nor Woman: The Hijras of India.
- 6. WHO. (2021). Health and Well-being of LGBTQ+ Youth in Schools.



### Value Added Courses: 4

Course Title: Gender and Sexuality Education

Resource Person: Ms. Sana Shaikh

Date:1/12/23 to 6/12/23

	VAC 4	Gender and Sexua	lity Education
Sr.No	Name Of The Candidates	Enrolled	Completed
1	AZMI ALISHA ASLAM	Е	С
2	BHADORIA POOJA HEMCHAND	Е	С
3	BURKHAO RITA LILTER	Е	С
4	CASCAR JESLYN JAMES SABRENA	E	С
5	CHAVIWALA HUDA NASIR WALIMOHAMMED	Е	NC
6	DESAI YUKTA VIREN	Е	C
7	FEREIRA DREMA JOSEPH	Е	C
8	IQBAL SUFIA	Е	C
9	JAIN AASHIKA PRASHANT	Е	NC
10	DHAMECHA JANAVI VIJAYBHAI	Е	C
11	KELKAR ABHISHEK DILIP	E	C
12	KHAN ALMAS ATAULLAH	Е	C
13	KHAN ARSHIYA MAQBOOL	E	С
14	KHAN ISHRAT SHAHEEN ABDUL SATTAR	Е	NC
15	KHAN SAHER AZIM	Ε.	NC
16	GANATRA KINJAL AVI	Е	NC
17	KINNY MAXIZINA ABDEN	E	NC
18	KUSHWAHA NEETU SADANAND	Е	С
19	LAHERI ZAHRA KUTUB	Е	С
20	MANDAL PRASHANT SUDHIR	Е	С
21	MAROLIWALA FORAM DEEPAK	Е	С
22	MISHRA AKANKSHA ROHIT	Е	C
23	MODI MUSKAAN RAFIQUE	Е	NC
24	MULLA MAHEK FAZLUDDIN	Е	NC
25	PARIHAR NEELAM JAYESH	Е	C
26	PATIL JUEILI MOHAN	Е	NC

27	PATIL SAMIKSHA AJINKYA	Е	C		
28	POOJA RAJESH PANDEY	Е	С		
29	PUROHIT SIDDHI SOHANLAL	Е	С		
30	SARANYAMOL. V. S	Е	С		
31	SHAH ANA VIPUL	Е	С		
32	SHAH PRACHI RAMESH KUMAR	Е	С		
33	SHAH RUSHALI HIREN	Е	NC		
34	SHAHI SUSHMITA SHAILENDRA	Е	NC		
35	SHAIKH SADAF MOHAMMED ARIF	Е	С		
36	SHAIKH SAFINA IMTIYAZ	Е	NC		
37	SHARMA TOSHIKA AMARDEEP	Е	С		
38	SHUKLA RUCHI LAXMI SHANKAR	Е	С		
39	SINGH ANJALI JAGANNATH	Е	С		
40	SINGH PRITY MAHENDRA	E C			
41	SINGH PRIYANKA SHARAD	LE	EFT		
42	NEGANDHI SUNITA SHAILESH	Е			
43	TIWARI DURGA AMARDEV	E C			
44	TIWARI UTSAV RAHUL	LE	EFT		
45	UPADHYAY NIDHI RAMASHREY	E C			
46	YADAV SHARMILA MANDEV	Е	NC		

Total Enrolled	44	
Total Completed	31	

PRINCIPAL
RAHUL COLLEGE OF EDUCATION
Shree L. R. Tiwari Educational Campus
Mira Road (E)



## Value Added Courses: 4 Batch 2023-25

Course Title: Gender and Sexuality Education

Resource Person: Ms. Sana Shaikh

Date: 1/12/23 to 6/12/23

	ree i erson. Wis. Sana Sharkh	Date:1/12/23 to 6/12/23					
	VAC 4	Gender and Sexua	lity Education				
Sr.No	Name Of The Candidates	Enrolled	Completed				
1	ALOJ ALISHA ALFRED	Е	С				
2	ALOJ CLAVIA NILRAJ	Е	NC				
3	ANSARI TOOBA MOHAMMED SHAHID	Е	С				
4	CHAUDHARY RITU ARVIND	Е	С				
5	DSILVA LOYALA HENRY	Е	NC				
6	DUBEY PRAGATI PRAMOD	Е	NC				
7	DWIVEDI ADITI DWIJENDRA	Е	С				
8	DWIVEDI ANSHIKA KARUNAKAR	Е	NC				
9	GOND POOJA LAKHANDAR PRASAD	Е	С				
10	GONSALVES DOLLITA GODFREY	E	С				
11	GUPTA MEENAKSHI JITENDRA	Е	С				
12	JHA KANCHAN DILIP	Е	C NC NC				
13	KANSHETTY SANTOSHI BASAVRAJ	Е					
14	KHAN AFEEFA ASIF JAMAL	. E					
15	MISHRA SHRADDHA SATISH	Е	С				
16	MORE PRADNYA AMRATRAO	Е	С				
17	NAIK PAYAL MILIND	Е	С				
18	NUNES ZEENIA MACKLEEN	Е	С				
19	SAKAT VINOD BAJIRAO	Е	С				
20	SAKUNDE SAMIKSHA VIKRAM	Е	С				
21	SHAIKH NEHA AQEEL	Е	С				
22	SHAIKH SHAGUFTA IRSHAD	Е	NC				
23	SHARMA RUBY MURLILAL	Е	NC				
24	SHARMA RUPALI HRIDESH	Е	С				
25	SHARMA POOJA DINANATH	Е	NC				

26	SHETTY RANJINI PANDURANGA	Е	C
27	SHUKLA MEENAKSHI SHESHDHAR	Е	C
28	SHUKLA ROSHNI SHIVKUMAR	Е	NC
29	SINGH SUNITADEVI RANJEET	Е	NC
30	VARANKAR TANVI UMESH	Е	C
31	YADAV POONAM RAMMANI	Е	C
32	YADAV NAMRATA ISHWARDIN	Е	NC
33	YADAV SUNITA SHILVANTAPRASAD	Е	С

Total Enrolled	33	
Total Completed	21	

PRINCIPAL
RAHUL COLLEGE OF EDUCATION
Shree L. R. Tiwari Educational Campus
Mira Road (E)

Se? (



### Value Added Courses: 4

**Course Title: Gender and Sexuality Education** 

Resource Person: Ms. Sana Shaikh

Date:1/12/23 to 6/12/23

	VAC 4	D-1	1-2	D-3	D-4	12-5	D-6	D-7	D-8	D-9	0-10
Sr.No	Name Of The Candidates										7 10
1	AZMI ALISHA ASLAM	P	P	P	P	P	P	P	P	P	P
2	BHADORIA POOJA HEMCHAND	P	P	P	P	P	P	P	P	P	P
3	BURKHAO RITA LILTER	P	P	P	P	P	12	P	P	P	P
- 4	CASCAR JESLYN JAMES SABRENA	P	P	P	·P	P	P	P	P	P	P
5	CHAVIWALA HUDA NASIR WALIMOHAMMED	A	p	P	A	A	P	p	A	P	P
6	DESAI YUKTA VIREN	P	P	P	P	P	P	P	P	P	P
7	FEREIRA DREMA JOSEPH	P	P	P	P	P	P	P	D	P	P
8	IQBAL SUFIA	P	P	P	P	P	P	P	P	P	P
9	JAIN AASHIKA PRASHANT	P	P	A	P	A	P	A	A	P	P
10	DHAMECHA JANAVI VIJAYBHAI	P	P	P	P	P	P	P	P	P	P
11	KELKAR ABHISHEK DILIP	P	P	P	P	P	P	P	P	P	P
12	KHAN ALMAS ATAULLAH	P	P	P	P	P	P	P	P	P	P
13	KHAN ARSHIYA MAQBOOL	P	P	P	P	P	P	12	P	P	P
14	KHAN ISHRAT SHAHEEN ABDUL SATTAR	A	P	P	P	P	A	P	12	A	A
15	KHAN SAHER AZIM	12	A	A	P	P	12	P	P	P	P
16	GANATRA KINJAL AVI	A	P	P	A	A	P	P	A	P	p
17	KINNY MAXIZINA ABDEN	A	P	P	A	P	A	P	P	A	P
18	KUSHWAHA NEETU SADANAND	P	p	P	P	P	P	P	P	P	P
19	LAHERI ZAHRA KUTUB	P	P	P	P	P	P	P	P	P	P
20	MANDAL PRASHANT SUDHIR	P	P	P	P	P	P	P	P	P	P
21	MAROLIWALA FORAM DEEPAK	P	P	10	P	P	P	P	P	p	P

22	MISHRA AKANKSHA ROHIT	P	P	P	P	TP	P	P	P	P	P
23	MODI MUSKAAN RAFIQUE	P	A	P	P	A	A	P	12	A	P
24	MULLA MAHEK FAZLUDDIN	A	P	P	A	P	P	A	A	P	P
25	PARIHAR NEELAM JAYESH	A	P	P	P	P	P	P	P	P	P
26	PATIL JUEILI MOHAN	P	P	A	P	P	A	P	A	P	A
27	PATIL SAMIKSHA AJINKYA	P	P	P	P	P	P	P	P	P	P
28	POOJA RAJESH PANDEY	P	P	P	P	P	P	P	P	P	P
29	PUROHIT SIDDHI SOHANLAL	P	P	P	P	P	P	P	P	P	P
30	SARANYAMOL. V. S	P	P	P		P	P	P	P	P	P
31	SHAH ANA VIPUL	P	P	1 - 1	P	P	P	P	P	P	P
32	SHAH PRACHI RAMESH KUMAR	P	P	P	P	P	P	P	P	P	P
33	SHAH RUSHALI HIREN	12	A	12	A	P	P	A	P	A	P
34	SHAHI SUSHMITA SHAILENDRA	P	A	P	P	P	A	P	A	P	A
35	SHAIKH SADAF MOHAMMED ARIF	P	P	P	P	P	P	P	P	P	P
36	SHAIKH SAFINA IMTIYAZ	P	P	A	P	A	P	P	A	P	A
37	SHARMA TOSHIKA AMARDEEP	P	P	P	P	P	P	P	P	P	P
38	SHUKLA RUCHI LAXMI SHANKAR	P	P	P	P	P	P	p	P	P	P
39	SINGH ANJALI JAGANNATH	P	P	P	P	P	P	P	P	P	P
40	SINGH PRITY MAHENDRA	P	P	P	P	P	P	P	P	P	P
41	SINGH PRIYANKA SHARAD		٠.								-
42	NEGANDHI SUNITA SHAILESH	P	P	P	P	P	P	P	p	P	P
43	TIWARI DURGA AMARDEV	P	P	P	P	P	P	P	P	P	P
44	TIWARI UTSAV RAHUL	•					-		,		,
45	UPADHYAY NIDHI RAMASHREY	P	P	P	P	P	P	P	P	P	P
46	YADAV SHARMILA MANDEV	P	P	P	A	P	A	P	A	P	A

Total Present	3	
Total Absent	13	

J2/

PRINCIPAL
RAHUL COLLEGE OF EDUCATION
Shree L. R. Tiwari Educational Cambus
Mira Road (E)



## Value Added Courses: 4 Batch 2023-25

Course Title: Gender and Sexuality Education

	Resource Person: Ms. Sar	a Sha	ikh			D	ate:1/12	2/23 to 6	5/12/23		
	VAC 4	D-1	D-2	D-3	D-4	D-5	D-6	D-7	D-8	D-9	D-10
Sr.No	Name Of The Candidates										
1	ALOJ ALISHA ALFRED	P	P	P	P	P	P	P	P	P	P
2	ALOJ CLAVIA NILRAJ	P	A	P	P	A	P	A	A	P	P
3	ANSARI TOOBA MOHAMMED SHAHID	P	7	P	P	P	P	12	P	P	P
4	CHAUDHARY RITU ARVIND	P	P	P	P	P	12	P	P	P	12
5	DSILVA LOYALA HENRY	P	P	A	P	P	A	K	P	P	P
6	DUBEY PRAGATI PRAMOD	P	A	P	P	A	P	P	P	A	P
7	DWIVEDI ADITI DWIJENDRA	P	7	P	P	P	P	P	P	P	P
8	DWIVEDI ANSHIKA KARUNAKAR	P	A	A	P	P	P	A	P	P	P
9	GOND POOJA LAKHANDAR PRASAD	P	7	P	P	P	P	P	P	P	p
10	GONSALVES DOLLITA GODFREY	P	P	P	P	P	P	P	P	P	P
11	GUPTA MEENAKSHI JITENDRA	P	P	P	P	P	P	P	P	P	P
12	JHA KANCHAN DILIP	P	P	P	P	P	P	P	P	P	7
13	KANSHETTY SANTOSHI BASAVRAJ	A	P	P	À	P	P	P	P	A	P
14	KHAN AFEEFA ASIF JAMAL	P	P	A	P	P	A	A	P	P	P
	MISHRA SHRADDHA SATISH	P	P	P	P	P	P	P	P	P	P
	MORE PRADNYA AMRATRAO	P	P	P	P	P	P	P	P	P	P
17	NAIK PAYAL MILIND	P	P	P	P	P	P	P	P	P	P
18	NUNES ZEENIA MACKLEEN	P	P	P	P	P	P	P	P	P	P
19	SAKAT VINOD BAJIRAO	P	P	12	P	P	12	P	P	12	P

20	SAKUNDE SAMIKSHA VIKRAM	P	P	P	P	P	P	P	P	P	P
21	SHAIKH NEHA AQEEL	P	P	P	P	P	P	P	P	P	P
22	SHAIKH SHAGUFTA IRSHAD	P	p	A	P	P	p	A	P	A	P
23	SHARMA RUBY MURLILAL	P	P	P	A	P	P	A	P	A	P
24	SHARMA RUPALI HRIDESH	P	12	2	P	P	P		P		P
25	SHARMA POOJA DINANATH	P	P	7	P	P	A	A	P	A	P
26	SHETTY RANJINI PANDURANGA	P	P	P	P	P	P	P	P	P	P
27	SHUKLA MEENAKSHI SHESHDHAR	P	P	P	P	P	P	P	P	P	P
28	SHUKLA ROSHNI SHIVKUMAR	12	A	P	P	P	P	A	P	A	P
29	SINGH SUNITADEVI RANJEET	P	P	A	P	P	P	A	P	A	P
30	VARANKAR TANVI UMESH	P	P	P	P	P	12	P	P	P	P
31	YADAV POONAM RAMMANI	P	P	8	P	P	12	0	12	0	P
32	YADAV NAMRATA ISHWARDIN	P	P	P	A	A	12	A	P	A	P
33	YADAV SUNITA SHILVANTAPRASAD	P	P	P	P	P	P	P	P	P	P

Total Present	21	
Total Absent	12	

PRINCIPAL
RAHUL COLLEGE OF EDUCATION
Shree L. R. Tiwari Educational Campus
Mira Road (E)