



**RAHUL COLLEGE OF EDUCATION**

(N.C.T.E. Reg. No. WWC/6-6/99/2001 Dtd. 27/06/2008 CODE NO. APW02427/22403) AFFILIATED TO UNIVERSITY OF MUMBAI. ESTABLISHED IN 1974 BY JCD. (C.D. 26 FEB 2001)

**3.3.3**

**(Quantitative)**



# RAHUL COLLEGE OF EDUCATION

(N.C.T.E. Reg. No. WRC/5-6/89/2006 Dtd. 27/09/2006 CODE NO.APW03437/123403) AFFILIATED TO UNIVERSITY OF MUMBAI AFF/RECOG.1/1249 OF 2007 Dtd.28 Feb.2007

3.3.3.1 Number of students participated in activities as part of national priority programmes during last five years

Year	2018-19	2019-20	2020-21	2021-22	2022-23
No. of Students	48	50	39	48	50

100%

File Description	Document
Documentary evidence in support of the claim along with photographs with caption and date	<a href="#">VIEW DOCUMENT</a>
Data as per Data Template	<a href="#">VIEW DOCUMENT</a>
Any other relevant link	<a href="#">VIEW DOCUMENT</a>

social awareness

	2018-19	2019-20	2020-21	2021-22	2022-23
Date	Date	Date	Date	Date	Date
1	18/06/2018 Yoga : An Orientation	21/06/2019 yoga day	21/06/2020 Yoga	21/06/2021 Yoga Day	21/6/2022 Yoga day
2	19/01/2019 Awareness Walks: Arrange	05-10-2019 bhayander creek clean	19/09/2020 Swachhha Bharat Abhyan	11-04-2022 Online movie screening: Organize	15/9/2022 ndian swachhata league rally
3		12-10-2019 : World Aids Day to	12-03-2021 Virtual poster competition:		25/11/22 women sensivity by mallis
4			22/08/2020 Gender sensitization issue :		



## RAHUL COLLEGE OF EDUCATION (ENGLISH MEDIUM)

(B.Ed., N.C.TE Recg. No. WRC/5-6/89/2006, Dtd. 27/09/2006 Code No. APW03437/123403, NCTE Revised Order F. No. WRC / APW03437 / 123403/2015 / 152873 Dated. 19 Sept. 2015, Affiliated to The University of Mumbai Aff/Recog.1/1249 of Dtd. 28 Feb. 2007, Govt. of Maharashtra, B.Ed. 2006/(503/06) MASHI - 1, Dtd. 7 Oct. 2006) (M.Ed. NCTE Recg. No. WRC/5-6/110/2008/46779, Dated 18/11/2008, Govt. of Maharashtra No. M.Ed. / 2008/(416/08) Mashi-2 Dated. 15/07/2009, AFFILIATION NO. PG/2/3172 OF 2009 Dated 21/08/2009)

**Date:14/06/2018**

### Notice

International Yoga Day Celebration



Dear Learners,

This is to inform you all that the Rahul College of Education has organized the International Yoga Day Celebration on **18/06/2018**. On this Occasion we would like to have all our students to be a part of the celebrating for making the program successful.

**I/C Principal**  
**RAHUL COLLEGE OF EDUCATION**  
Navghar Road, Bhayandar (E),  
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**Title: International Yoga Day**

**Celebration Year : 2018-19**

**Date: 18/06/2018**

**No of Students: 90**

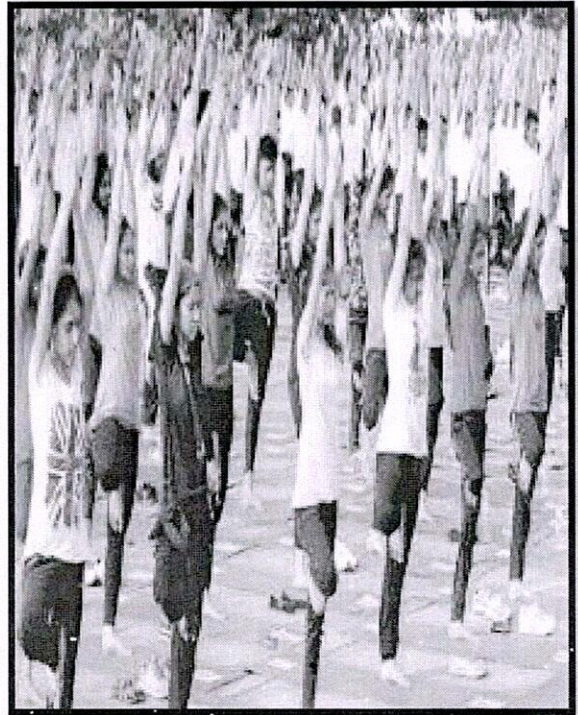
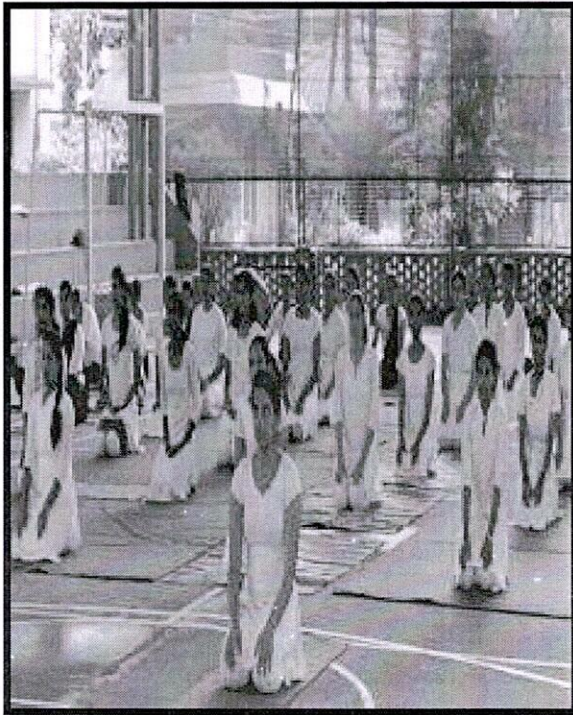
The International Yoga Day celebrations among B.Ed students were held with great enthusiasm and participation. On this occasion, the students organized various yoga-related activities and workshops to promote physical and mental well-being. The event witnessed a large turnout, with students and faculty actively engaging in different yoga postures and meditation techniques. The celebrations aimed to create awareness about the benefits of yoga in education and foster a healthy lifestyle. The event successfully highlighted the significance of yoga in enhancing concentration, reducing stress, and improving overall academic performance. It served as a platform for fostering a sense of unity and harmony among the B.Ed student community.

**Objective:**

- To promote physical and mental well-being among B.Ed students through the celebration of International Yoga Day.
- To create awareness about the benefits of yoga and its role in reducing stress and enhancing concentration, which are essential skills for future educators.

**Learning Outcome:**

- B.Ed students will develop a deeper understanding of the importance of self-care and its impact on their overall health and performance as teachers.
- Participants will acquire basic yoga techniques and practices that they can incorporate into their daily lives to manage stress and maintain a balanced lifestyle, thus fostering a positive and healthy learning environment in their future classrooms.



Yoga Day

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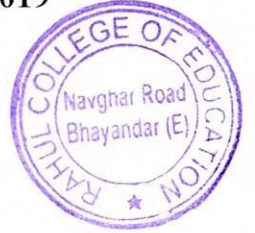


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Date:15/01/2019


### Notice



Raising AIDS Awareness: B.Ed. Students Take Steps in the Community

Dear Learners,

This is to inform you all that the Rahul College of Education has organized the Raising AIDS Awareness on **19/01/2019**. On this Occasion we would like to have all our students to be a part of the event for making the it successful.

  
I/C Principal  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
Dist Thane - 401 105.



**Title: Raising AIDS Awareness: B.Ed Students Take Steps in the Community. Year: 2018-19**

**Date: 19/01/2019**

**No of Students: 75**

In an effort to combat the stigma surrounding AIDS and promote vital information, B.Ed students organized community walks and marches to raise awareness. These events, held at prominent locations within the community, aimed to engage residents and disseminate crucial knowledge about AIDS prevention, transmission, and treatment. Through interactive discussions, informative pamphlets, and engaging banners, the B.Ed students successfully educated the public about the importance of empathy and support for those affected by the disease. By empowering individuals with accurate information, these awareness campaigns fostered a more informed and compassionate community response to AIDS, facilitating early detection and reducing the prevalence of the disease.

**Objectives:**


- To organize community walks and marches led by B.Ed students for raising awareness about AIDS, combating stigma, and promoting accurate information.
- To empower the community with knowledge on AIDS prevention, transmission, and treatment, encouraging early detection and compassionate support for affected individuals.

**Learning Outcomes:**

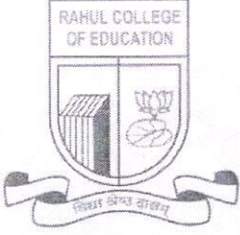
- Participants will gain a comprehensive understanding of AIDS, its causes, prevention methods, and available treatments.
- The community will develop increased empathy and support towards individuals living with AIDS, leading to a reduction in stigma and improved overall health outcomes.



**AIDS Awareness**

  
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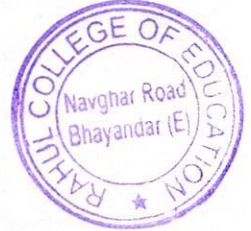
## RAHUL COLLEGE OF EDUCATION (ENGLISH MEDIUM)

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**Date:18/06/2019**

### Notice

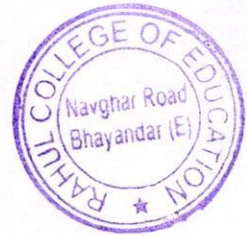
Yoga Day Celebration



Dear Learners,

This is to inform you all that the Rahul College of Education has organized the Yoga Day Celebration on **21/06/2019**. On this Occasion we would like to have all our students to be a part of the event for making the it successful.

I/C **PRINCIPAL**  
**RAHUL COLLEGE OF EDUCATION**  
Navghar Road, Bhayandar (E),  
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**Title: Yoga day**  
**Year: 2019-20**  
**Date: 21/06/2019**

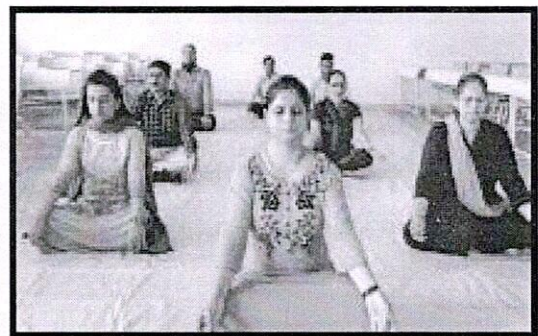
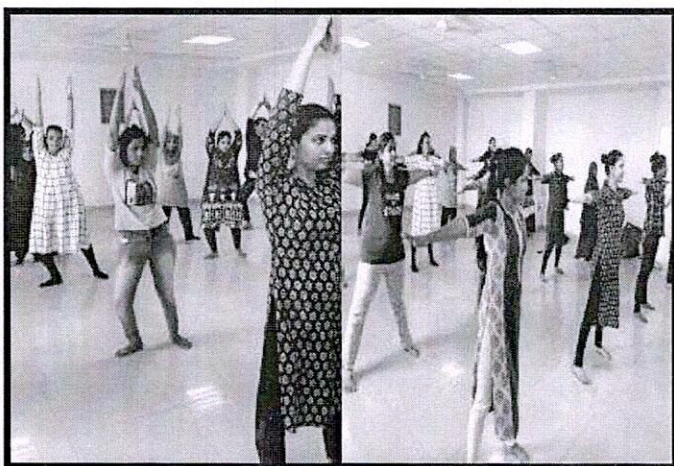
International Yoga Day, celebrated annually on June 21st, promotes the ancient practice of yoga for physical, mental, and spiritual well-being. The day aims to raise awareness about the numerous benefits of yoga and its positive impact on individuals and society. People worldwide come together to participate in various yoga sessions, workshops, and events organized by governments, yoga studios, and community groups. Yoga's popularity has grown exponentially, as it offers a holistic approach to health and stress management. This day serves as a reminder of the importance of incorporating yoga into our daily lives and fostering a healthier, harmonious existence.

#### **Objectives:**


- Promote the practice of yoga as a means to enhance physical, mental, and spiritual well-being among participants.
- Raise awareness about the importance of adopting yoga as a regular part of a healthy lifestyle and its positive impact on stress reduction and overall health.

#### **Learning Outcomes:**

- Participants will understand the principles and benefits of yoga, leading to increased interest and willingness to incorporate yoga into their daily routines.
- Attendees will develop basic knowledge and skills in various yoga techniques, fostering a sense of self-awareness and improved physical and mental health.



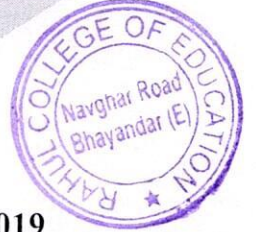
**Yoga Day**

  
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**Dist Thane - 401 105.**



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**Date: 08/10/2019**

### Notice

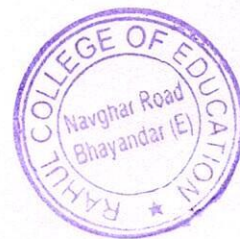
World AIDS Day Awareness Campaign in a Rural Village in Bhayander

Dear Learners,

This is to inform you all that the Rahul College of Education has organized World AIDS Day Awareness Campaign in a Rural Village in Bhayander on **12/10/2019**. On this Occasion we would like to have all our students to be a part of the Awareness Campaign for making the event successful.

I/C, Principal

**RAHUL COLLEGE OF EDUCATION**  
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**Title: World AIDS Day Awareness Campaign in a Rural Village in Bhayander Year : 2019-20**

**Date: 12/10/2019**

**No of students: 76**

**Introduction:**

This report highlights the efforts and outcomes of a World AIDS Day awareness campaign conducted in a rural village in Bhayander. The campaign aimed to raise awareness about AIDS, reduce stigma, and promote HIV/AIDS prevention and support services among the rural population.

**Objective:**

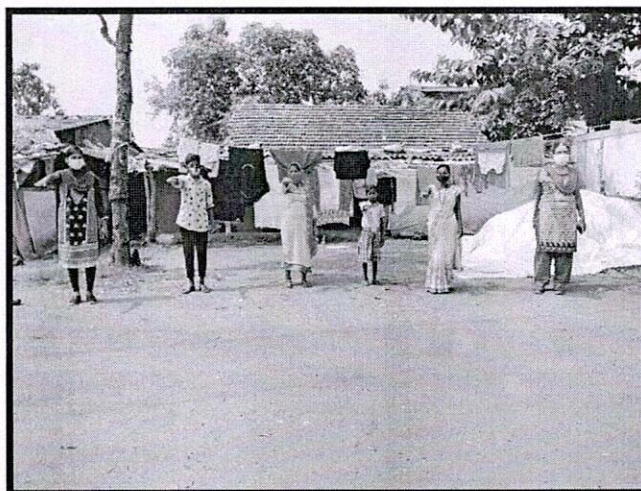
The primary objective of the World AIDS Day awareness campaign was to educate the residents of the rural village in Bhayander about the realities of AIDS, dispel myths and misconceptions surrounding the disease, and provide information on available prevention methods and support resources.


**Learning Outcome**

- By the end of the World AIDS Day awareness campaign, the residents of the rural village in Bhayander will be able to accurately identify the realities of AIDS, distinguishing between accurate information and myths/misconceptions related to the disease.
- After participating in the awareness campaign, the residents of the rural village in Bhayander will demonstrate an improved understanding of available prevention methods and support resources for AIDS, empowering them to take proactive measures to protect themselves and their community from the disease.



AIDS Day Awareness



  
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**Date:01/10/2019**


### Notice

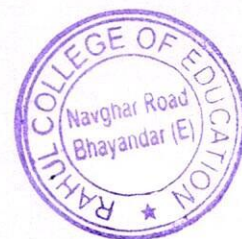
Beach Clean-up Initiative by B.Ed. Students at Bhayander

Dear Learners,

This is to inform you all that the Rahul College of Education has organized Beach Clean-up Initiative by B.Ed. Students at Bhayander on **05/10/2019**. On this Occasion we would like to have all our students to be a part of the event for making the event successful.



  
I/C Principal  
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**Title: Beach Cleanup Initiative by B.Ed Students at Bhayander Creek**

**Beach Year: 2019 -20**

**Date: 05/10/2019**

**No of students: 76**

**Introduction:**

The following report highlights the efforts and outcomes of a creek cleanup initiative conducted by a group of B.Ed (Bachelor of Education) students at Juhu Beach. The purpose of the initiative was to raise awareness about environmental conservation and instill a sense of responsibility among individuals toward maintaining clean and healthy beaches.

**Objective:**

The primary objective of the beach cleanup was to remove litter and debris from Juhu Beach, thereby enhancing its aesthetic appeal and preserving the natural habitat. Additionally, the initiative aimed to educate the public about the importance of keeping beaches clean and the detrimental effects of pollution on marine life.

**Participants:**

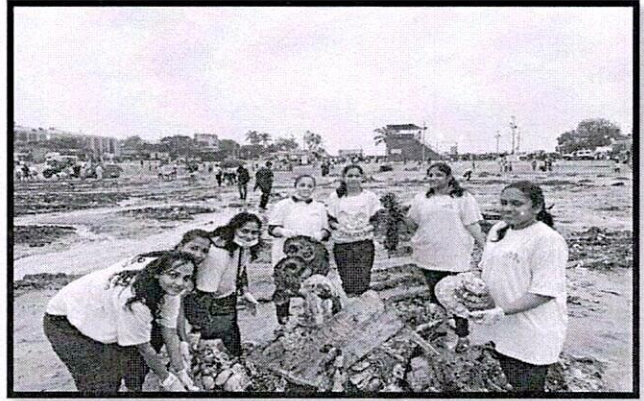
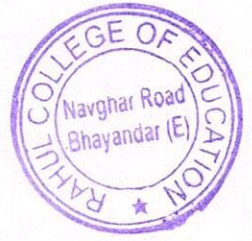
A team of 30 B.Ed students from Rahul College actively participated in the cleanup drive. Two faculty members who provided guidance and supervision throughout the event accompanied the students.

**Beach Cleanup Drive:**

- On the designated day, the participants gathered at Juhu Beach and were provided with gloves, garbage bags, and other necessary cleaning equipment.
- The beach was divided into sections, and teams of students were assigned to different areas.
- They worked diligently to collect and segregate litter, focusing on plastic waste, cigarette butts, food packaging, and other non-biodegradable items.

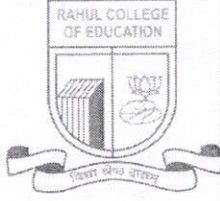
**Learning Outcome :**

- B.Ed students participating in the creek Cleanup Initiative at Bhayander creek develop a strong sense of environmental responsibility and awareness, understanding the impact of plastic pollution on marine life and coastal ecosystems.
- Through hands-on experience, B.Ed students acquire practical skills in organizing and executing community-driven environmental projects, fostering a spirit of teamwork and community engagement in their future teaching endeavors.



Bhayander creek

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**Date:18/06/2020**

### Notice

International Yoga Day - A Celebration of Holistic Well-being



Dear Learners,

This is to inform you all that the Rahul College of Education has organized International Yoga Day - A Celebration of Holistic Well-being on 21/06/2020. On this Occasion we would like to have all our students to be a part of the celebration for making the event successful.

I/C. **PRINCIPAL**  
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**Title: International Yoga Day - A Celebration of Holistic Well-being**

**Mode: Online**

**Date: [21/06/2020]**

**Year: 2020-21**



International Yoga Day is observed annually on June 21st worldwide, promoting the physical, mental, and spiritual benefits of yoga practice. This day was designated by the United Nations General Assembly in 2014 to raise awareness about the ancient Indian practice and its positive impact on individuals and society as a whole.

The celebration of Yoga Day involves various events and activities, including yoga sessions, workshops, seminars, and public gatherings. Millions of people from different age groups and backgrounds come together to participate in these activities, fostering a sense of unity and oneness. Yoga, with its various postures, breathing exercises, and meditation techniques, aims to cultivate a balanced and harmonious lifestyle. Regular yoga practice has been scientifically proven to enhance physical flexibility, reduce stress, improve mental focus, and promote overall well-being.

Yoga Day serves as a reminder of the importance of incorporating mindful practices into our daily lives to achieve a healthier, happier, and more peaceful world. It encourages individuals to embrace the ancient wisdom of yoga and harness its transformative power for personal growth and societal harmony.

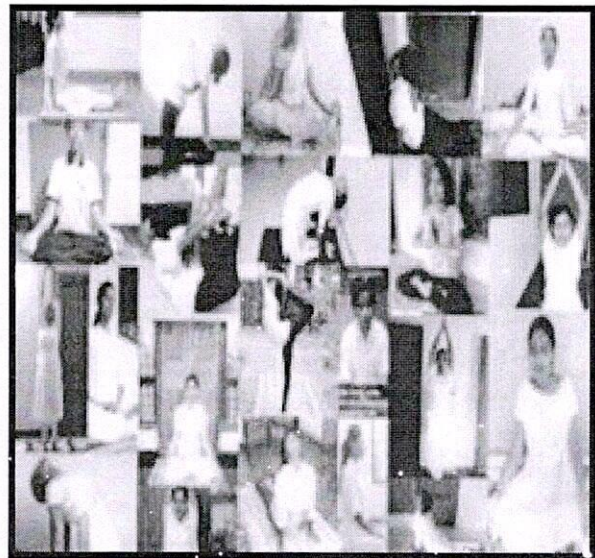
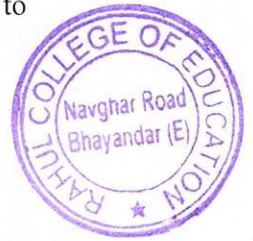
**Objective:**

- Promote awareness and understanding of yoga's physical, mental, and spiritual benefits among participants.
- Encourage individuals to adopt yoga as a regular practice to improve their overall well-being, reduce stress, and enhance mindfulness.

**Learning Outcome:**

- Participants will gain knowledge about different yoga postures, breathing techniques, and meditation practices.

- Participants will be motivated to incorporate yoga into their daily routines, leading to improved physical fitness and mental clarity.



Yoga Day

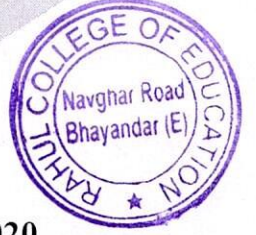
A handwritten signature in black ink, appearing to be "R. M." or similar.

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Date: 15/09/2020

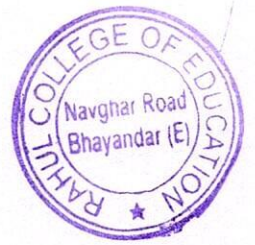
### Notice

#### Promoting Swachh Bharat Abhiyan: Online Awareness Campaign among Aadarsh Vidya Mandir School Students by B.Ed Students

Dear Learners,

This is to inform you all that the Rahul College of Education has organized Promoting Swachh Bharat Abhiyan: Online Awareness Campaign among Aadarsh Vidya Mandir School Students by B.Ed Students on 19/09/2020. On this Occasion we would like to have all our students to join the Awareness Campaign for making the event successful.

  
I/C Principal  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
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**Title: Promoting Swachh Bharat Abhiyan: Online Awareness Campaign among Aadarsh Vidya Mandir School Students by B.Ed Students**

**Mode:** Online

**Date:** [19/09/2020]

**Year:** 2020-21

**Introduction:** Swachhha Bharat Abhiyan, also known as the Clean India Mission, is a nationwide campaign initiated by the Indian government to promote cleanliness, hygiene, and sanitation across the country. The campaign aims to create a cleaner and healthier India by encouraging citizens to actively participate in maintaining cleanliness in their surroundings. In line with this vision, a group of B.Ed students from undertook the responsibility of raising awareness about Swachhha Bharat Abhiyan among the students of Aadarsh Vidya Mandir School through an online mode campaign.

**Objectives:**

- To educate Aadarsh Vidya Mandir School students about the importance of cleanliness and sanitation.
- To familiarize the students with the Swachhha Bharat Abhiyan and its significance in building a healthier society.
- To inspire Aadarsh Vidya Mandir School students to take up the mantle of cleanliness and become active participants in the campaign.
- To foster a sense of responsibility and ownership towards maintaining cleanliness in their surroundings.

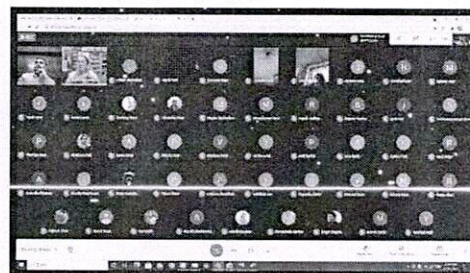
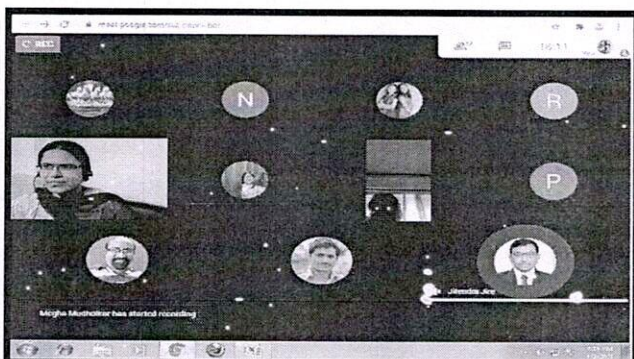
**Campaign Execution:**

- **Planning Phase:** The B.Ed students meticulously planned the online awareness campaign to ensure maximum impact. They collaborated with the school administration to secure permission for conducting the sessions and gain insight into the students' needs and preferences. A detailed schedule and topics for each session were prepared to cover various aspects of the Swachhha Bharat Abhiyan.
- **Interactive Webinars:** The B.Ed students conducted a series of interactive webinars using video conferencing tools. These webinars were designed to engage the students and create an interactive learning environment. The sessions covered topics such as the history of the Swachhha Bharat Abhiyan, the role of students in the campaign, waste segregation, proper disposal of waste, and the impact of cleanliness on health and the environment.

- **Visual Presentations and Videos:** To make the sessions more engaging, the B.Ed students incorporated visual presentations, infographics, and short videos illustrating the key concepts of the campaign. These multimedia elements helped to convey the message effectively and capture the attention of the young audience.

#### Outcomes and Impact:

- **Increased Awareness:** The online campaign successfully raised awareness about Swachhha Bharat Abhiyan among the students of Aadarsh Vidya Mandir School. The students now understand the importance of cleanliness and their role in maintaining a clean environment.
- **Behavioral Change:** Many students became proactive in implementing cleanliness practices both within the school premises and in their homes. They started participating in waste segregation initiatives and encouraged others to do the same.



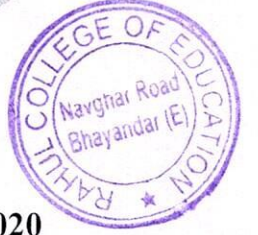
Promoting Swachh Bharat Abhiyan

PRINCIPAL  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
Dist Thane - 401 105.



## RAHUL COLLEGE OF EDUCATION (ENGLISH MEDIUM)

(B.Ed., N.C.T.E Reg. No. WRC/5-6/89/2006. Dtd. 27/09/2006 Code No. APW03437/123403, NCTE Revised Order F. No. WRC / APW03437 / 123403/2015 / 152873 Dated. 19 Sept. 2015, Affiliated to The University of Mumbai Aff/Recog.1/1249 of Dtd. 28 Feb. 2007, Govt. of Maharashtra, B.Ed. 2006/(503/06) MASHI - 1, Dtd. 7 Oct. 2006) (M.Ed. NCTE Reg. No.WRC/5-6/110/2008/46779, Dated 18/11/2008.Govt. of Maharashtra No.M.Ed. / 2008/(16/08) Mashi-2 Dated.15/07/2009, AFFILIATION NO. PG/2/3172 OF 2009 Dated 21/08/2009)




Date:15/08/2020

### Notice

#### Gender Sensitization Issue: A Seminar

Dear Learners,

This is to inform you all that the Rahul College of Education has organized Gender Sensitization Issue: A Seminar on 22/08/2020. On this Occasion we would like to have all our students to be a part of the seminar for making the event successful.

  
I/C Principal  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
Dist Thane - 401 105.



**Title: Gender Sensitization Issue**

Date: [22/08/2020]

Mode : Online

Year: 2020-21

Ms Shweta Chaturvedi, Principal of Shree L., delivered the first session of the workshop. R. Tiwari College of Law from Mumbai who provided an overview of the various laws in the Indian Penal Code (IPC) related to crimes against women and also discussed other special laws for women. She underlined how crimes against women are also a violation of the right to life. She also touched upon the Prevention of Sexual Offences against Children Act 2012, the Protection of the Rights of Transgender Act 2019, the Prevention of Atrocities against SC/ST Act, and the Domestic Violence Act. Ms. Shweta Chaturvedi elaborately on the rape laws and the sexual harassment of women in the workplace providing a number of case studies as well. She also emphasized that it was only after the Criminal Law Amendment Act 2013 the definition of rape and the concept of consent was expanded from its earlier narrow and stereotypical definitions. Further the Criminal Law Amendment Act 2013 for the first time recognized voyeurism, stalking, and acid attack as crimes against women. She concluded that the law should also take into account caste, class, religion, and other cultural realities and the need to include gender components integrated within our regular courses.

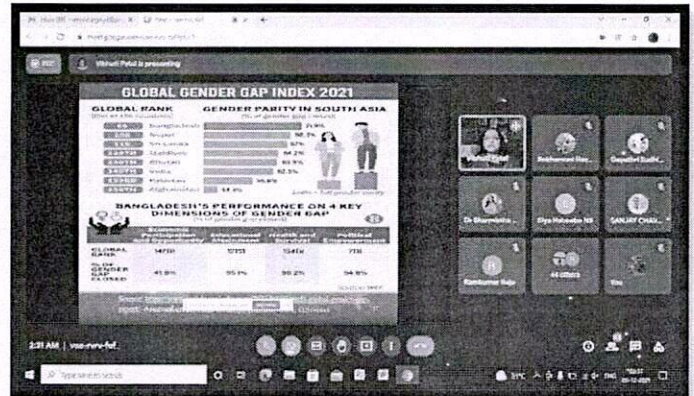
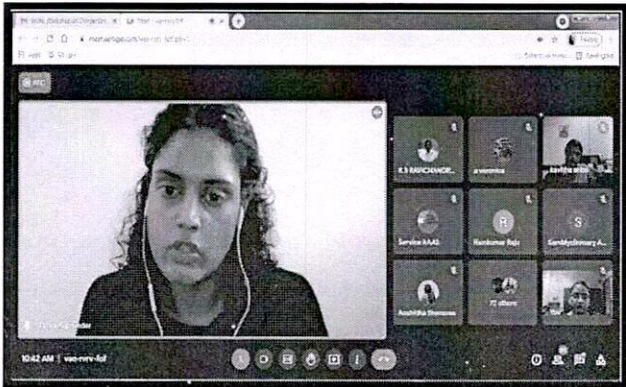
**Objectives:**

- Raise awareness about crimes against women and their devastating impact on society.
- Promote gender equality and women's empowerment by addressing the root causes of violence and discrimination.
- Educate individuals and communities on the importance of respecting women's rights and creating safe environments.
- Encourage reporting of crimes against women and support victims in seeking justice and rehabilitation.

**Learning Outcome:**

- Increased knowledge and understanding of the various forms of crimes against women, including domestic violence, sexual assault, and human trafficking.
- Improved awareness of existing laws and mechanisms to combat gender-based violence.
- Enhanced empathy and support for survivors, fostering a more compassionate society.

- Empowered individuals capable of advocating for women's rights and contributing to the eradication of violence against women.



**Gender Sensitization Issue**

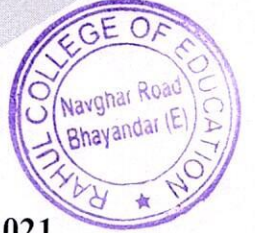
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 Dist Thane - 401 105.





## RAHUL COLLEGE OF EDUCATION (ENGLISH MEDIUM)

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**Date:08/03/2021**

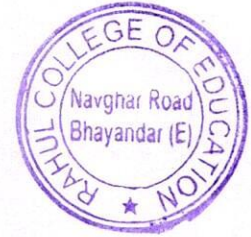
### Notice

Virtual Poster Competition on AIDS Prevention with Father Joseph English High

Dear Learners,

This is to inform you all that the Rahul College of Education has organized Virtual Poster Competition on AIDS Prevention with Father Joseph English High on **12/03/2021**. On this Occasion we would like to have all our students to join the competition for making the event successful.

I/C **PRINCIPAL**  
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Navghar Road, Bhayandar (E),  
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**Title: Virtual Poster Competition on AIDS Prevention with Father Joseph English High School Yr.2020-21**

**Date: 12/03/2021**

### **Introduction:**

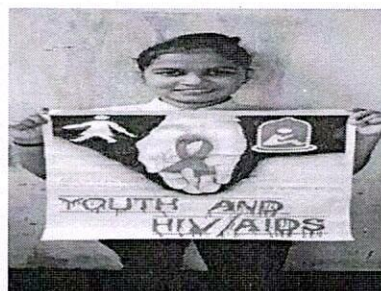
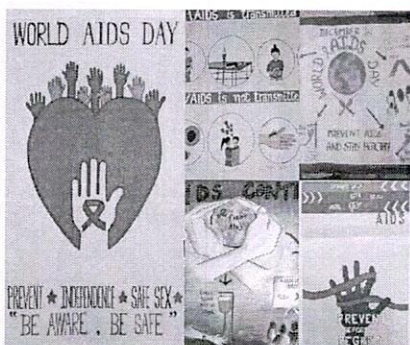
The Rahul college Education organized Virtual Poster Competition at The Father Joseph English High School on AIDS prevention targeted towards teenagers. This online event aims to engage students in creating impactful posters that raise awareness about HIV/AIDS and promote preventive measures, while also leveraging technology for global participation.

### **Objective:**

The competition aims to empower teenagers by encouraging them to utilize their creative skills to design posters that effectively communicate the importance of AIDS prevention, fostering a sense of responsibility in safeguarding public health.

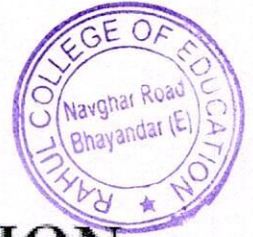
### **Learning Outcomes:**

- Students will deepen their understanding of HIV/AIDS, its transmission, prevention, and the significance of early diagnosis.
- Participants will enhance their artistic abilities, graphic design skills, and communication prowess to effectively convey essential health messages to a wider audience.



### **Virtual Poster Competition on AIDS Prevention**

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Navghar Road, Bhayandar (E),  
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# RAHUL COLLEGE OF EDUCATION

(REG. NO. WEC/9-4/2006 Dist. Thane/2006 Dist. Thane No. 100/2006) AFFILIATED TO UNIVERSITY OF MUMBAI (ESTD. 1920) OF 2007 (Dist. Thane)

Date:08/04/2022

## Notice

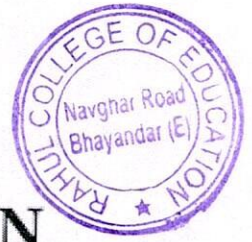
Virtual Screenings of HIV/AIDS Educational Films: Fostering Discussions among B.Ed. Students

Dear Learners,

This is to inform you all that the Rahul College of Education has organized Virtual Screenings of HIV/AIDS Educational Films: Fostering Discussions among B.Ed. Students on 11/04/2022. On this occasion we would like to have all our students to be the part of the event for making the event successful.

I/C Principal

RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
Dist Thane - 401 105.



# RAHUL COLLEGE OF EDUCATION

(U.C.T.S. Reg. No. WEC/1-6/20/2008 and U.C.E./2008 CODE NO. SPW01A21/12403) AFFILIATED TO UNIVERSITY OF MUMBAI (REG. NO. 1/249 OF 2001 Dtd. 28 Feb. 2007)

## **Title: Virtual Screenings of HIV/AIDS Educational Films: Fostering Discussions among B.Ed Students**

**Yr.2021-22**

**Date:11/04/2022**

This report highlights the successful implementation of virtual screenings of educational films and documentaries about HIV/AIDS, followed by interactive discussions among B.Ed students via online platforms. By leveraging digital technology, the initiative aimed to raise awareness, combat stigma, and enhance the understanding of HIV/AIDS-related issues. These virtual screenings facilitated access to high-quality content, while the online discussions encouraged students to share perspectives, exchange ideas, and engage in meaningful dialogue. The program's efficacy lies in its ability to bridge the gap between traditional classroom learning and remote education, empowering B.Ed students to become more empathetic and competent educators in promoting HIV/AIDS awareness in their future classrooms.

### **Objectives:**

To organize virtual screenings of educational films and documentaries on HIV/AIDS for B.Ed students, facilitating access to accurate and up-to-date information on the subject.

To encourage interactive discussions among B.Ed students to promote critical thinking, empathy, and a deeper understanding of HIV/AIDS-related issues, fostering their ability to address stigma and effectively communicate HIV/AIDS awareness in their future teaching roles.

### **Learning Outcomes:**

B.Ed students will demonstrate increased knowledge and awareness of HIV/AIDS, its impact on individuals and communities, and the importance of destigmatization.

Students will develop effective communication and facilitation skills, enabling them to engage in informed discussions and confidently impart HIV/AIDS-related information to their future students.



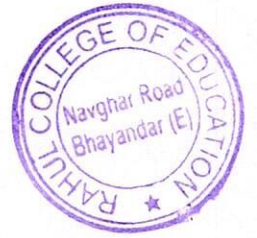
# RAHUL COLLEGE OF EDUCATION

(M.C.T.E. Reg. No. WCO/3-2/60/2006 Dtd. 27/05/2006 CODE NO. MPW03417/122402) AFFILIATED TO UNIVERSITY OF MUMBAI (REG. NO. 1) DATED 27/07/2007 Dtd:26 Feb.2017

**Date:18/06/2022**

## Notice

Yoga Day Celebration



Dear Learners,

This is to inform you all that the Rahul College of Education has organized Yoga Day Celebration on 21/06/22. On this Occasion we would like to have all our students to be the part of celebration for making the event successful.

I/C Principal

**RAHUL COLLEGE OF EDUCATION**  
Navghar Road, Bhayandar (E),  
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# RAHUL COLLEGE OF EDUCATION

(A.C.T.E. Reg. No. WRC/3-5/09/2008 Dtd. 27/03/2008 CODE NO.APW03431(123462) AFFILIATED TO UNIVERSITY OF MUMBAI (F.F.KIC09.1) 249 OF 2007 Dtd.20 Feb.2007

**Title: Title: B.Ed Students Celebrate**

**Yoga Day:**

**Year : 2021 -22**

**Date: 21/06/22**

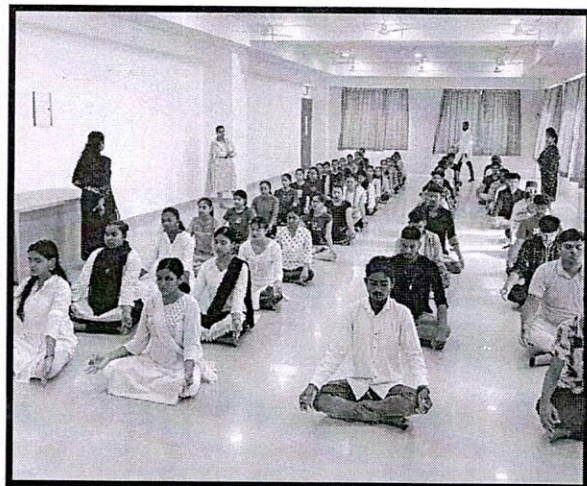
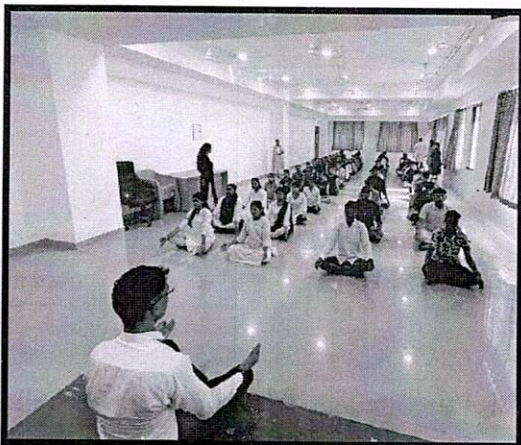
On the occasion of International Yoga Day, B.Ed students from Rahul College of Education College organized a vibrant event promoting the essence of yoga in our daily lives. The event aimed to create awareness about the numerous physical and mental health benefits of yoga. Held on the college campus, the day featured interactive yoga sessions, breathing exercises, and meditation techniques led by certified instructors. The participants were enlightened about the significance of yoga in stress reduction and overall well-being. With active participation and enthusiasm, the event successfully fostered a sense of unity and instilled the importance of incorporating yoga practices for a healthier lifestyle.


### Objectives:

- To raise awareness about the significance of yoga in promoting physical, mental, and emotional e B.Ed. students and faculty.
- To encourage active participation in yoga sessions to cultivate a deeper understanding of various Asanas, breathing techniques, and meditation practices.

### Learning Outcomes:

- B.Ed. students will gain insights into the positive impact of yoga on their overall health and stress management.
- Participants will develop the ability to perform basic yoga postures and practice mindfulness through breath control, fostering a holistic approach to self-care.



 Yoga Day

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# RAHUL COLLEGE OF EDUCATION

(M.C.T.E. Reg. No. WSC/S-3/2006 Ord. 27/02/2006 Code No. MPW03437/123462) AFFILIATED TO UNIVERSITY OF MUMBAI (REG. NO. 1) OF 2007 Dtd. 28 Feb. 2007

Date: 10/09/2022

## Notice

Indian swachhata league rally



Dear Learners,

This is to inform you all that the Rahul College of Education has organized Indian swachhata league rally on **15/09/22**. On this occasion we would like to have all our students to be the part of the rally for making the event successful.

I/C Principal  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
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# RAHUL COLLEGE OF EDUCATION

(M.C.T.E. Reg. No. WRC/S-5/10/2006 Ord. 27/09/2006 CODE NO. RPW03437/123403) AFFILIATED TO UNIVERSITY OF MUMBAI (REG. NO. 1/249 OF 2007 Dtd. 26 Feb. 2007)

**Title : Indian swachhata league rally**

**Year: 2022-23**

**Date: 15/09/22**



The Indian Swachhata League rally is an initiative that aims to promote cleanliness and hygiene across India. The objective of the rally is to raise awareness about the importance of maintaining cleanliness in public spaces, homes, schools, and workplaces. It seeks to engage and encourage individuals, communities, and organizations to actively participate in the Swachh Bharat Abhiyan (Clean India Campaign) and contribute to creating a cleaner and healthier environment.

The learning outcomes of the Indian Swachhata League rally can include:

- **Increased awareness:** Participants learn about the significance of cleanliness and hygiene in their daily lives, as well as the impact of their actions on the overall well-being of the society.
- **Behavior change:** The rally aims to influence participants' behavior by encouraging them to adopt good sanitation practices, such as proper waste disposal, maintaining clean surroundings, and personal hygiene habits.
- **Community engagement:** The rally fosters a sense of community involvement and encourages people to come together to address local cleanliness issues. It promotes collective responsibility and cooperation among citizens, local authorities, and organizations.

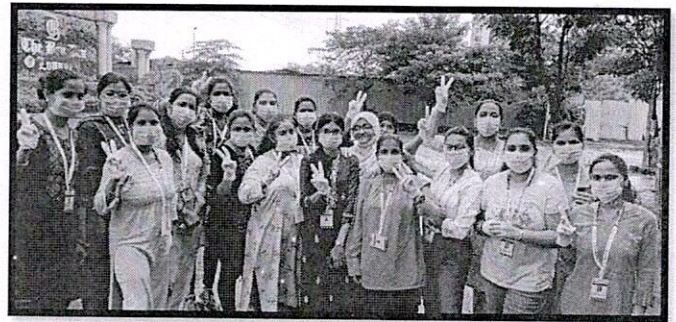
#### **Objective:**

- Raise awareness about the importance of cleanliness and sanitation in communities.
- Promote active participation and engagement of citizens in maintaining a clean and hygienic environment.

#### **Learning Outcome:**

- Participants will understand the significance of cleanliness and its impact on public health.
- Increased motivation among participants to take action and adopt responsible waste management practices in their daily lives.





Indian swachhata league rally

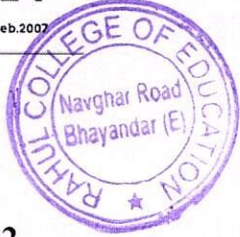
A handwritten signature in blue ink, appearing to be "S. S. S.", written in a cursive style.

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# RAHUL COLLEGE OF EDUCATION

(N.C.T.E. Regg. No. WRC/5-6/89/2006 Dtd. 27/09/2006 CODE NO.APW03437/123403) AFFILIATED TO UNIVERSITY OF MUMBAI AFF/RECOG.1/1249 OF 2007 Dtd.28 Feb.2007



Date:20/11/2022

## Notice

Elimination of Violence Against Women: Majlis-led Session for B.Ed Students

Dear Learner's

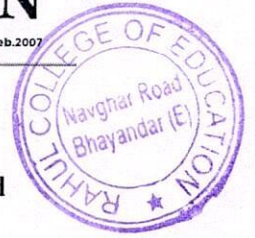
This is to inform you all that the Rahul College of Education has organized Elimination of Violence Against Women: Majlis-led Session for B.Ed Students on **25/11/22**. On this occasion we would like to have all our students to be the part of the rally for making the event successful.

I/C Principal  
RAHUL COLLEGE OF EDUCATION  
Navghar Road, Bhayandar (E),  
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# RAHUL COLLEGE OF EDUCATION

(N.C.T.E. Regg. No. WRC/5-6/88/2006 Dtd. 27/09/2006 CODE NO.APW03437/123403) AFFILIATED TO UNIVERSITY OF MUMBAI AFF/RECOG.1/1249 OF 2007 Dtd.28 Feb.2007



**Title: Elimination of Violence Against Women: Majlis-led Session for B.Ed**  
**Students Year : 2022-23**

**Date: 25/11/22**

**No of students: 86**

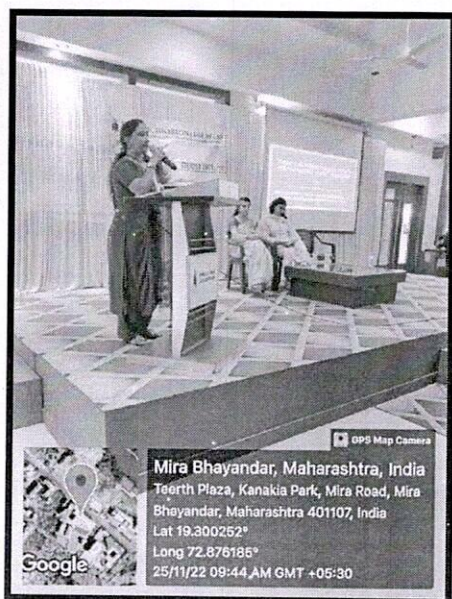
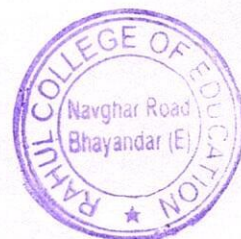
In a groundbreaking initiative, the Majlis organized a session on the "Elimination of Violence Against Women" for B.Ed students. The session focused on raising awareness about the prevailing gender-based violence and its detrimental effects on society. Through interactive discussions, case studies, and informative presentations, students were educated on identifying and combating various forms of violence against women. The session aimed to instill empathy, respect, and a commitment to advocate for gender equality. By empowering future educators with knowledge and understanding, the Majlis takes a significant step towards building a safer and more equitable world for women.


## **Objectives:**

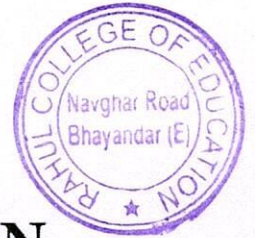
- To sensitize B.Ed students about the prevalence and impact of violence against women in society.
- To equip students with the knowledge and understanding necessary to identify and address instances of gender-based violence effectively.

## **Learning Outcomes:**

- Increased awareness and empathy among B.Ed students towards the issue of violence against women.
- Enhanced ability to recognize and respond to various forms of violence, promoting a safer and more supportive learning environment for future students.



  
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**Title: Yoga Day Celebration**

**Year : 2022-23**

**Date: 21/06/22**

International Yoga Day, celebrated annually on June 21st, aims to raise awareness about the numerous physical, mental, and spiritual benefits of practicing yoga. The objectives and learning outcomes of Yoga Day include:

### **Objectives:**

1. **Promote Yoga:** The primary objective is to create widespread awareness about the practice of yoga and its potential benefits for overall well-being.
2. **Encourage Healthy Lifestyles:** Yoga Day seeks to inspire individuals to adopt healthier lifestyles by incorporating yoga into their daily routines.
3. **Stress Reduction:** Yoga is known for its stress-reducing effects, and the objective of Yoga Day is to highlight this aspect and encourage people to manage their stress levels through yoga.
4. **Global Unity:** Yoga Day aims to bring people from different cultures, backgrounds, and nationalities together in a spirit of unity and harmony, promoting global peace and understanding.
5. **Education:** The day serves as an opportunity to educate the public about the philosophy, principles, and different aspects of yoga, including its history and various practices.

### **Learning Outcomes:**

1. **Increased Awareness:** Yoga Day helps individuals become more aware of the benefits of yoga, including improved physical fitness, flexibility, strength, balance, and mental clarity.
2. **Stress Management Skills:** Participants learn techniques and poses that can help reduce stress and anxiety, promoting a sense of calmness and relaxation.
3. **Improved Health and Well-being:** Regular practice of yoga can lead to improved physical health, increased energy levels, better sleep patterns, and enhanced overall well-being.

4. Cultural Appreciation: Yoga has its roots in ancient Indian traditions, and celebrating Yoga Day provides an opportunity to appreciate and understand different cultures and their contributions to holistic health practices.
5. Community Engagement: Yoga Day encourages participation in group yoga sessions, workshops, and events, fostering a sense of community and social connection among participants.



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