

Report on "Chai Pe Charcha" - International Tea Day Celebration

"Tea is not just a beverage; it's a comforting ritual that blends leaves, warmth, and conversation, weaving a tapestry of togetherness that connects hearts and flavors our shared moments with richness." Anonymous

On December 15, 2023, Rahul College of Education celebrated International Tea Day under the visionary guidance of Principal Dr. Frances Vaidya. The event, themed "Chai Pe Charcha," aimed to go beyond the joy of sipping tea and delve into the educational and health aspects associated with this beloved beverage. The program had the following objectives:

- 1. To raise awareness among participants about Sustainable Development Goal 3, focusing on Good Health and Well-being.
- 2. To help students comprehend the diverse types of tea, their history, and their respective merits, fostering knowledge and appreciation.
- 3. To encourage participants to critically analyze the potential adverse effects of excessive tea consumption on health and well-being.
- 4. To engage students in a practical application of their knowledge by preparing and serving healthy tea to seniors at home, promoting a sense of community and care.
- 5. To advocate for healthier lifestyle choices by encouraging the substitution of regular tea with alternatives like fruit tea, herbal tea, and green tea.

#### **Outcomes:**

The "Chai Pe Charcha" event resulted in a positive shift in mindset among participants, fostering a sense of unity and knowledge-sharing within the academic community. The alignment of the event's objectives with the components of Knowledge, Attitude, Values, and Skills (KAVS) contributed to the following outcomes:

- 1. Participants gained a deeper understanding of Sustainable Development Goal 3, fostering a commitment to practices promoting good health and well-being.
- 2. Students developed an enhanced knowledge of the history, types, and benefits of tea, contributing to a more informed and appreciative perspective.

- 3. The event encouraged participants to critically analyze the potential adverse effects of excessive tea consumption, promoting analytical skills and informed decision-making.
- 4. Students actively engaged in the preparation and serving of healthy tea to seniors, fostering a sense of community and instilling a culture of care and consideration.
- 5. By advocating for the substitution of regular tea with healthier alternatives like fruit tea, herbal tea, and green tea, the event contributed to promoting a culture of well-informed and mindful living.

In conclusion, "Chai Pe Charcha" successfully achieved its objectives, creating a platform for meaningful discussions, skill development, and the promotion of a holistic and healthy lifestyle among the participants at Rahul College of Education.

#### CELEBRATING INTERNATIONAL TEA DAY IN INDIA



GREEN TEA
OOLONG TEA
MATCHA TEA
ROOIBOS TEA
BLACK TEA
WHITE TEA

CINNAMON TEA

TYPES OF TEA

ROSE TEA

HIBISCUS TEA

CHAMOMILE TEA

DANDELION TEA

STAR ANISE TEA

CARDAMOM TEA

CARDAMOM TEA

CLOVES TEA

LIST OF TEA FROM DIFFERENT PARTS OF INDIA

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INFO

MASSA CRE - pu oriz

MASSA CRE - pud

MASSA CRE

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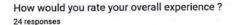
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RAHUI COLLEGE OF EDUCATION
Navghar Road, Bhayandar (E),
Dist Thane - 401 105.

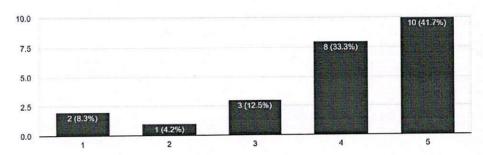


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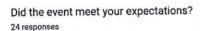
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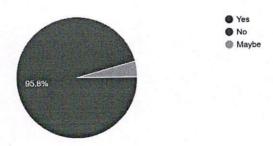
#### INTERNATIONAL TEA DAY FEEDBACK 2023-24





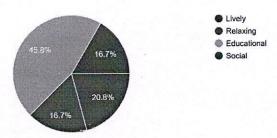
**Interpretation:** The majority of your overall experience ratings are positive, with a significant number of "5" ratings. This suggests a generally favorable perception of the experience. The occurrence of a few "4" ratings and a single "3" rating indicates that, while overall positive, there may be some aspects of the experience that could be improved or were less satisfactory. In summary, the data indicates a generally positive overall experience with some room for improvement in specific aspects, as suggested by the presence of lower ratings.



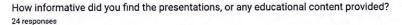


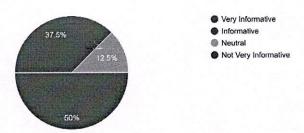
Interpretation: The overwhelmingly positive feedback suggests that, for most participants, the event met or exceeded their expectations. The "Maybe" response may indicate some level of uncertainty or a more nuanced view from that particular respondent. It could be valuable to follow up with the participant who provided the "Maybe" response to gather more specific feedback on their expectations and how the event aligned with or deviated from them. In summary, the general interpretation is that the event was well-received and aligned with the expectations of the majority of participants.

How would you describe the overall atmosphere of the event? 24 responses



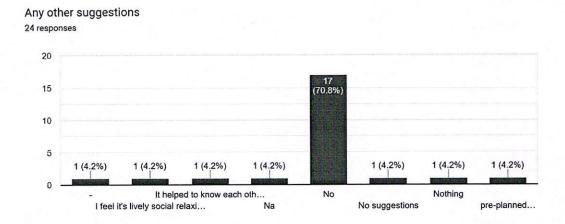
Interpretation: The most frequently chosen descriptor for the overall atmosphere is "Educational," suggesting that the event had a strong focus on imparting knowledge and information. The presence of "Relaxing" and "Lively" indicates a mix of a comfortable and vibrant atmosphere. The term "Social" is also mentioned a few times, suggesting that there were elements fostering social interaction during the event. Overall, the atmosphere seems to have been characterized by its educational nature, with additional elements of relaxation, liveliness, and social engagement, creating a multifaceted experience for participants.





Interpretation: The overwhelming number of "Very Informative" ratings suggests that the presentations and educational content were well-received and successfully conveyed valuable information. The presence of a few "Informative" ratings indicates a positive perception, while the "Neutral" ratings suggest a more mixed or moderate response from those particular participants. To further enhance future events, it could be beneficial to gather more detailed feedback from those who provided "Neutral" responses to understand their specific perspectives and identify areas for potential improvement. Overall, the data suggests a generally positive

impact of the presentations and educational content on the participants' perception of informativeness.



#### Interpretation:

While the majority of responses indicate satisfaction or a lack of specific suggestions, the mention of a "pre-planned day will be more effective" is a valuable insight. This suggests that some participants see potential benefits in having a more structured or pre-planned schedule for the event. Exploring this suggestion further could provide valuable input for improving future events and enhancing the overall participant experience. In summary, the feedback is generally positive, with a specific suggestion that organizers might consider incorporating into future event planning.



#### INTERNATIONAL TEA DAY CELEBRATION Attendance Sheet

CLASS - S.Y.B'Ed

DATE:15/12/23

Sr. No.	Name of Student	Sign
1	Almeda Flevia	
2	Azmi Alisha Aslam	
3	Bhadoria Pooja Hem	Voria.
4	Burkhao Rita Liltar	Rita
5	Cascar Jeslyn James	Taxal.
6	Chaviwala Huda Nasir	Huda
7	Desai Yukta Viren	Yukta
8	Fereira Drema Joseph	
9	Iqbal sufia	
10	Jain Aashika Prashant	Australia
11	Janvi vijaybhai Dhamecha	Jenni
12	Kelkar Abhishek Dilip	
13	Khan Almas Atullah A TAULL AH	acras
14	Khan Arshiya Maqbool	
15	Khan Ishrat Shaheen	Lay
16	Khan Saher	Sahon
17	Kinjal Avi Ganatra	(B) Canaha
18	Kinny Maxizina	Co que
19	Kushwaha Neetu	
20	Laheri Zahra Kutub	Fologo
21	Mandal Prashant Sudhir	Red
22	Maroliwala Foram Deepak	gin
23	Mishra Aakansha	Smishow
24	Modi Muskan	THE PARTY OF THE P
25	Mulla Mahek Fazluddin	Makek
26	Neelam Jayesh Parihar	Guelos.
27	Patil Jueli Mohan	and
28	Patil Samiksha Ajinkya	9
29	Pooja Rajesh Pandey	(1Punder
30	Purohit Siddhi Sohanlal	
31	Saranyamol V.S.	Sontonio
32	Shah Ana Vipul	And.
33	Shah Prachi Ramesh	
34	Shah Rushali	- Beefe
35	Shahi Sushmita Shailendra	Shah
36	Shaikh Sadaf Mohd. Arif	Sadal
37	Shaikh Safina imtiyaz	
38	Sharma Toshika Amardeep	JONALAN
39	Shukla Ruchi Laxmi	Paul
40	Singh Anjali Jagannath	Righ
41	Singh Prity Mahendra	Stores



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42	Singh Priyanka Sharad	
43	Sunita Shailesh Negandhi	
44	Tiwari Durga Amardev	
45	Tiwari Utsav Rahul	
46	Upadhyay Nidhi	Midhi
47	Yadav Sharmila	

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#### INTERNATIONAL TEA DAY CELEBRATION Attendance Sheet

CLASS - F.Y.B'Ed

DATE:15/12/23

Sr. No.	Name of Student	Sign
1	ALOJ ALISHA ALFRED	Acuo
2	ALOJ CLAVIA NILRAJ	
3	ANSARI TOOBA MOHAMMED SHAHID	Moobe 15/12/23
4	CHAUDHARY RITU ARVIND	Ring
5	D'SILVA LOYALA HENRY	
6	DUBEY PRAGATI PRAMOD	Justin
7	DWIVEDI ADITI DWIJENDRA	Adult
8	DWIVEDI ANSHIKA KARUNAKAR	Antholog 15/1/2
9	GOND POOJA LAKHANDAR PRASAD	
10	GONSALVES DOLLITA GODFREY	Comalree
11	GUPTA MEENAKSHI JITENDRA	Plen
12	JHA KANCHAN DILIP	Pope
13	KANSHETTY SANTOSHI BASAVRAJ	Satshi . R. k
14	KHAN AFEEFA ASIF JAMAL	Kronite
15	MISHRA SHRADDHA SATISH	Chradna
16	MORE PRADNYA AMRATRAO	
17	NAIK PAYAL MILIND	
18	NUNES ZEENIA MACKLEEN	(X) 15/12/13
19	SAKAT VINOD BAJIRAO	te.
20	SAKUNDE SAMIKSHA VIKRAM	V San In
21	SHAIKH NEHA AQEEL	102
22	SHAIKH SHAGUFTA IRSHAD	alui.
23	SHARMA RUBY MURLILAL	Ribys
24	SHARMA RUPALI HRIDESH	Popus.
25	SHARMA POOJA DINANATH	Poola . g.
26	SHETTY RANJINI PANDURANGA	Det La
27	SHUKLA MEENAKSHI SHESHDHAR	Malli
28	SHUKLA ROSHNI SHIVKUMAR	Sweet
29	SINGH SUNITADEVI RANJEET	Sinit.
30	VARANKAR TANVI UMESH	= KOM:)
31	YADAV POONAM RAMMANI	7 Maris
32	YADAV NAMRATA ISHWARDIN	Namkate.
33	YADAV SUNITA SHILVANTAPRASAD	

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